



DO YOU KNOW THE SYMPTOMS OF SPIKING?



LIFT

Leading & Inspiring
Female Talent

**“I shouldn't be
this drunk”**

**SYMPTOMS OF DRINK SPIKING CAN VARY DEPENDING ON
THE SUBSTANCE USED, BUT MAY INCLUDE:**

**MEMORY LOSS
SUDDEN CONFUSION
BLACKOUTS/
UNCONSCIOUSNESS
NAUSEA/ VOMITING**

**DIFFICULTY SPEAKING
LOSS OF
CONCENTRATION
HALLUCINATIONS/
PARANOIA**

CALL 999 FOR EMERGENCY SUPPORT

**DON'T LET A FRIEND GO HOME WITH ANYONE YOU
DON'T KNOW/ DON'T TRUST**

ALERT A STAFF MEMBER

**DON'T CONSUME FURTHER ALCOHOL - GET SOME
WATER**

